

**COUNTY OF TIOGA
EXECUTIVE PROCLAMATION**

WHEREAS: Public Health reminds you that as the weather gets warmer, increased outdoor activities begin taking place where ticks can be found, such as tall grass, bushes, and leaf piles; and

WHEREAS: The Black-legged tick, also known as a Deer tick, carries the bacteria *Borrelia Burgdorferi* that causes Lyme disease; and

WHEREAS: Lyme disease can be spread to humans and other mammals as ticks feed off their blood, with an increased risk of the bacteria being spread after feeding for 48 hours; and

WHEREAS: In 2021, tick-borne illnesses were the third highest reported communicable diseases in Tioga County, behind COVID-19 and sexually transmitted diseases; and

WHEREAS: Preventing Lyme disease can be done by wearing insect repellent, covering up when outdoors, showering soon after coming inside, and completing daily tick checks on yourself and your pets; and

WHEREAS: By knowing the signs of Lyme disease, treatment can be started early to avoid long-term complications of Lyme disease; and

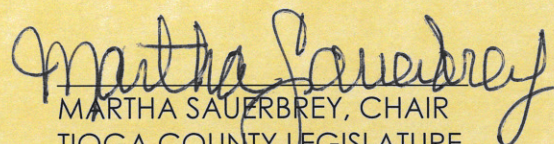
WHEREAS: The residents of Tioga County can recognize the threat that Lyme disease has to them and their family; therefore

The TIOGA COUNTY LEGISLATURE, County of Tioga, does hereby proclaim the month of
July as:

LYME DISEASE AWARENESS MONTH

and urges all residents to take steps to protect themselves, their families, and pets from Lyme disease and to take immediate action if Lyme disease is suspected.

Dated: July 12, 2022


MARTHA SAUERBREY, CHAIR
TIOGA COUNTY LEGISLATURE

