

# Tioga County Resource Guide



A directory of resources for Tioga County NY's families and residents!

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# Important Numbers and Hotlines

**\*Denotes 24/7 Resource**

Tioga County Sheriff's Office .....	(607) 687-1010
New York State Police .....	(607) 565-8581
Candor Police Department.....	(607) 659-7966
Owego Village Police Headquarters .....	(607) 687-2233
Spencer Police Department.....	(607) 589-6733
Poison Control .....	*1-800-222-1222
Tioga County Mental Hygiene .....	(607) 687-4000
A New Hope Center Hotline .....	Call: *(607) 687-6866
.....	*1-800-696-7600
.....	Text: *(607) 972-1996
National Domestic Violence Hotline.....	*1-800-799-7233
NYS Child Abuse/Neglect Hotline .....	*1-800-342-3720
National Runaway Safeline .....	*1-800-786-2929
NYS Substance Abuse Hotline .....	*1-877-846-7369
National Suicide Prevention Hotline.....	*1-800-273-8255
Crisis Textline .....	*Text "HOME" to 741741
Trevor Hotline (for LGBTQ youth in crisis).....	*1-866-488-7386
National STD Hotline.....	*1-800-232-4636
Help Me 211 (resource for a variety of needs).....	Dial 2-1-1 or 1-800-901-2180

 **IN AN EMERGENCY, ALWAYS DIAL 9-1-1.** 

# Tioga County Local Government

**Board of Elections** ..... (607) 687-8261  
1062 State Route 38, PO Box 306, Owego, NY 13827

**Coroner**..... (607) 217-8581  
1062 State Route 38, Owego, NY 13827

**County Attorney**..... (607) 687-8253  
56 Main Street, Owego, NY 13827

**County Clerk** ..... (607) 687-8660  
16 Court Street, PO Box 307, Owego, NY 13827

**District Attorney**..... (607) 687-8650  
20 Court Street, Owego, NY 13827

**Economic Development & Planning** ..... (607) 687-8255  
56 Main Street, Owego, NY 13827

**Historian** ..... (607) 687-8646  
1062 State Route 38, PO Box 231, Owego, NY 13827

**Information Technology** ..... (607) 687-8294  
56 Main Street, Room 211, Owego, NY 13827

**Legislature** ..... (607) 687-8240  
56 Main Street, Owego, NY 13827

**Legislative Clerk** ..... (607) 687-8235  
56 Main Street, Owego, NY 13827

**Mental Hygiene**..... (607) 687-0200  
1062 State Route 38, PO Box 177, Owego, NY 13827

**Department of Motor Vehicles (DMV)**..... (607) 687-8250  
56 Main Street, Owego, NY 13827

# Tioga County Local Government

**Personnel & Civil Service**..... (607) 687-8494  
56 Main Street, Owego, NY 13827

**Probation Office**..... (607) 687-8535  
20 Court Street, Suite 01, Owego, NY 13827

**Public Defender** ..... (607) 687-1000  
171 Main Street, Owego, NY 13827

**Public Health** ..... (607) 687-8600  
1062 State Route 38, PO Box 120, Owego, NY 13827

**Public Works**..... (607) 687-0302  
477 NY-96, Owego, NY 13827

**Real Property & Assessment Rolls**..... (607) 687-8661  
56 Main Street, Owego, NY 13827

**Sheriff's Department**..... (607) 687-1010  
103 Corporate Drive, Owego, NY 13827

**Social Services** ..... (607) 687-8300  
1062 State Route 38, PO Box 240, Owego, NY 13827

**Treasurer** ..... (607) 687-8670  
56 Main Street, Room 210, Owego, NY 13827

**Veterans' Service Agency** ..... (607) 687-8228  
1062 State Route 38, Room 1145, Owego, NY 13827



# Health Insurance

**Southern Tier Independence Center Patient Navigators ..... 1-855-478-4262**  
Health Navigators available to assist with process of health insurance application.

**Child Health Plus ..... 1-800-698-4543**  
NYS low-cost or free (based on eligibility) health insurance for children up to age 19.

**New York State of Health..... 1-855-355-5777**  
Or visit: <https://nystateofhealth.ny.gov/>  
New York State Health Insurance Marketplace

**Medicare ..... 1-800-633-4227**  
Or visit: <https://www.medicare.gov/>  
Federally funded insurance program for individuals age 65 years or older.



# Legal Assistance



**Code Enforcement, Village of Owego..... (607) 687-1101**  
Provides protection against public nuisances and enforces violations pertaining to public health.

**A New Hope Center ..... \*(607) 687-6866**  
Provides information, advocacy, and referrals for victims of domestic violence, sexual assault, and other crimes.

**Tompkins/Tioga Neighborhood Legal Services..... (607) 273-3667**  
Provides services to those with civil legal problems at a reasonable price.

**ACCORD , A Center for Dispute Resolution, Inc ..... (607) 724-5153**  
Located in Binghamton NY, ACCORD helps organizations, families, and individuals find solutions to conflict.

**Legal Services of Central NY, Inc..... Legal HelpLine: (877) 777-6152**  
**..... Binghamton Office: (607) 231-5988**  
Provides legal advice, counsel, and representation for those living in poverty with civil cases.

**New York State Lawyer Referral Service..... 1-800-342-3661**  
Service that aids in connecting individuals with a lawyer.

# Tioga County Social Services Programs

**Department of Social Services..... (607) 687-8300**

Provides financial and social services to qualifying county residents including: Adult and Adolescent Services, Assistance Programs, Child Protective Services, Child Support Enforcement, Employment Services, and Foster Care, Adoption, and Home Finding Services.

**Child Protective Services (CPS) ..... (607) 687-8300**

.....**Child Abuse Hotline: 1-800-342-3720**

Responds to reports of suspected child abuse/neglect in Tioga County.

**Supplemental Nutrition Assistance Program (SNAP) ..... (607) 687-8300**

Provides a higher level of nutrition to income-eligible individuals and families by enhancing their ability to purchase healthy food.

**Home Energy Assistance Program (HEAP) ..... (607) 687-8300**

Assists low-income individuals with heating and utility bills.

**Protective Services for Adults (PSA) ..... (607) 687-8300**

On-going services for those 18 years and older who are unable to meet their essential needs of food, clothing, shelter, and/or medical care.

**Person in Need of Supervision (PINS)..... (607) 687-8333**

Provides services to qualifying individuals under the age of 18 years who are considered otherwise beyond lawful control of a parent or guardian.

**Tioga Career Center ..... (607) 687-8500**

Employment services for businesses looking to hire as well as those seeking jobs in Tioga County.

**Crime Victim’s Assistance Center ..... (607) 722-4256**

Provides education and support regarding crime prevention and response. Offers compassionate assistance to victims of crime.

**Social Security Administration Office ..... (800) 772-1213**

2 Court Street, Binghamton, NY 13901



## Youth Resources

**Family Health Service (Tioga Opportunities, Inc.)** .....(607) 687-5333  
Reproductive health services including: STD testing, birth control, and more.

**Al-Anon and Alateen Support Group (Broome/Tioga)**.....(607) 722-5983  
For those whose lives are impacted by a friend or family member suffering from alcoholism. *Visit:* <https://al-anon.org/newcomers/teen-corner-alateen/>

**Gateway Center for Youth**.....(607) 584-7800  
Free and confidential counseling service for youth age 8-21 years.

**Lourdes Center of Youth Services**.....(607) 584-4500  
..... **Mental Health:** (607) 584-4465

**Teen Helpline** .....(310) 855-4673  
Talk to other teens, trained to help, about everyday struggles and problems.



## Children's Services

**Children with Special Healthcare Needs Program (CSHCN)** .....(607) 687-8600  
Referral and educational program for children birth-21 years with serious or chronic health conditions.

**Child Find** .....(607) 687-8600  
Screening program for children birth-3 years at risk of developmental delays. Families fill out a survey to determine if their child needs an Early Intervention evaluation.

**Early Intervention Program (EIP)**.....(607) 687-8600  
For children birth-3 years suspected of developmental delays; such as speech, physical, cognitive, social-emotional, and health conditions.

**Preschool Special Education Program** .....(607) 687-8600  
Facilitates and coordinates services for Tioga County families and children 3-5 years, that may have special educational needs.

**Tioga County Child Passenger Safety Program** .....(607) 687-8612  
Free car seat installation checks by Certified Car Seat Technicians, child passenger safety education, and one free car seat for families in need on public assistance.

**Single Point of Accessibility (SPOA)** .....(607) 689-8161  
Program designed to identify, screen, and assign care coordination to eligible high need/risk children.

**Institute for Child Development** .....(607) 777-2829  
Early intervention and preschool programs, after school programs, speech services, and social learning center. Includes services for children with autism.



## Daycare and Childcare

**Abide in the Vine Child Care Center (Owego) ..... (607) 687-2422**

**Boys & Girls Club - Club Positive (Owego) ..... (607) 239-1382**

**Cub Care Children’s Center (Vestal) ..... (607) 786-9006**

**Family Enrichment Network (Owego)..... (607) 687-6721**

**Family Enrichment Network (Newark Valley) ..... (607) 354-3102**

**Family Enrichment Network (Waverly)..... (607) 249-6302**

**First United Methodist Church (Newark Valley)..... (607) 642-8811**

**Giggle Box Playhouse (Apalachin) ..... (607) 258-0329**

**Mom’s House (Johnson City)..... (607) 644-9972**

**Play Yard Concepts (Apalachin) ..... (607) 625-3982**

**Racker Center (Owego) ..... (607) 687-8929**

**Tot’s Learning Center (Waverly) ..... (607) 565-4487**

**Find a licensed in-home daycare: <https://ocfs.ny.gov/main/childcare/looking.asp>**



## Tioga County Preschools

**Appleseed Pre-School (Apalachin) ..... (607) 625-2733**

For children ages 6 weeks to 5 years old.

**Candor Community Pre-School..... (607) 659-5015**

**Spencer-Van Etten Elementary School Pre-K ..... (607) 589-7110**

**Tot's Learning Center (Waverly)..... (607) 565-4487**

## Tioga County Schools

**Apalachin Elementary School ..... (607) 687-6289**

**Owego Elementary School..... (607) 687-7303**

**Owego-Apalachin Middle School..... (607) 687-7302**

**Owego Free Academy..... (607) 687-7301 ext. 1**

**Candor Elementary..... (607) 659-3935**

**Candor Central Junior/Senior High School ..... (607) 659-5020**

**Newark Valley Middle School ..... (607) 642-5524**

**Newark Valley Senior High School ..... (607) 642-8351**

..... (607) 642-3220

**Nathan T. Hall Elementary School (Newark Valley) ..... (607) 642-3340**

..... (607) 642-3424

# Tioga County Schools

Spencer-Van Etten Elementary School .....	(607) 589-7110
Spencer-Van Etten Middle School .....	(607) 589-7120
Spencer-Van Etten High School .....	(607) 589-7140
Tioga Elementary School .....	(607) 687-8002
Tioga Center Middle School .....	(607) 687-8004
Tioga Senior High School.....	(607) 687-8001
Tioga Hills Elementary School (Vestal located Central SD) .....	(607) 757-2366
Waverly Middle School .....	(607) 565-3410
Waverly High School .....	(607) 565-8101
Elm Street Elementary School (Waverly) .....	(607) 565-8186
Lincoln Street Elementary School (Waverly) .....	(607) 565-8176



## Continuing Education

**Adult Education/ High School Equivalency ..... (607) 763-3638**  
Program offered through Broome-Tioga BOCES for those over 18 years of age.

**Broome-Tioga BOCES ..... (607) 763-3300**  
..... **Health Programs: (607) 763-3661**  
..... **Other Programs: (607) 763-3616**

Programs offered include: cosmetology, welding, auto body repair, culinary arts, and more!

**BOCES Career Training (Elmira Location) ..... (607) 739-3581**  
**(Ithaca Location)..... (607) 257-1551**

**SUNY Broome Community College ..... (607) 778-5001**  
Earn an associate's degree or a certificate in a variety of fields.

**Tioga Adult Learning Lab (TALL)..... (607) 778-6406**  
Programs offered include: introductory computer classes, Microsoft software training, and one-on-one tutoring to increase computer literacy.

**Tompkins Cortland Community College (TC3) ..... (607) 844-8211**  
Earn an associate's degree or a certificate in a variety of fields.



## Family Activities

There is always something fun to do in Tioga County!

Check out these seasonal or year-round activities your family can take part in!

**Cardinal Lanes Bowling Alley** ..... (607) 642-8028  
24 Watson Ave., Newark Valley, NY 13811

**Chuckster's Family Entertainment Center**..... (607) 748-7888  
1915 Vestal Parkway W, Vestal, NY 13850

**Hickories Park** ..... (607) 687-1199  
359 Hickories Park Road, Owego, NY 13827

**Iron Kettle Farm** ..... (607) 659-7707  
707 Owego Road, Candor, NY 13743

**Marvin Park (Public Pool)**..... (607) 687-1101  
50 W Main Street, Owego, NY 13827

**Owego Bowl** ..... (607) 687-5631  
1404 Taylor Road, Owego, NY 13827

**Owego Gymnastics and Activity** ..... (607) 687-2458  
748 NY-38, Owego, NY 13827

**Side Hill Acres Goat Farm**..... (607) 659-4121  
79 Spencer Road, Candor, NY 13743

**Skyview Drag (Car Racing Track)** ..... (607) 687-9392  
114 Skyline Drive, Owego, NY 13827

**SRAC Archeological Center**..... (607) 565-7960  
345 Broad Street, Waverly, NY 14892

**Stoughton Farm** ..... (607) 642-3675  
10898 NY-38, Newark Valley, NY 13811

**Ti-Ahwaga Community Players**..... (607) 687-2130  
42 Delphine Street, Owego, NY 13827

## Family Activities

**Tioga County Boys and Girls Club ..... (607) 687-0690**

201 Erie Street, Owego, NY 13827

**Tioga Golf Club ..... (607) 699-3881**

151 Roki Boulevard, Nichols, NY 13812

**Tioga Mini Challenger (Mini Golf Course) ..... (607) 687-0785**

98 NY-96, Owego, NY 13827

**Tioga Theater ..... (607) 687-5401**

208 Main Street, Owego, NY 13827

**Valley Bowling Center..... (607) 565-9946**

13 North Chemung Street, Waverly, NY 14992

**Waterman Conservation Education Center/ Wildlife Refuges ..... (607) 625-2221**

403 Hilton Road, Apalachin, NY 13732

**Waverly Glen Park..... (607) 565-8641**

85 Moore Street, Waverly, NY 14892

**YMCA of Broome County..... (607) 772-8984**

61 Susquehanna Street, Binghamton, NY 13901

**YWCA Binghamton..... (607) 772-0340**

80 Hawley Street, Binghamton, NY 13901



# Camps

**Camp Ahwaga Children’s Camp**..... (607) 761-4253

Educational and recreational day camp for children age 4-21 years with disabilities.

**Children’s Nature Day Camp** ..... (607) 625-2221

Day camp operated by the Waterman Conservation Education Center. Activities include: hiking, arts & crafts, and other forms of outdoor recreation!

**Club Positive** ..... (607) 239-1382

Offers day camps for children age 5-12 years. Activities include: swimming, field trips, and more! Breakfast and lunch provided.

**Haven of Peace Children’s Camp**..... (607) 687-2238

Faith-based camp located at Maple Ridge Ranch in Owego. Activities include: outdoor recreation, guest speakers, and other empowering experiences.

**Junior Hoopster Basketball Camp**..... (607) 687-0690

Day camp help by the Tioga County Boys & Girls Club.

**Lions Camp Badger** ..... (607) 589-4800

Camp located in Spencer, NY for adolescents with disabilities.

**Newark Valley Joint Summer Recreation**..... (607) 229-2462

Open to residents of Newark Valley, Richford, and Berkshire. Includes fun, food, and games!

**Second Chance Thoroughbreds, Inc.**..... (607) 589-7669

Day camp for children and teens with a passion for horses. Learn to ride and care for horses!

**Tioga Central School Day Camp**..... (607) 687-8004

**Waterman Summer Recreation**..... (607) 625-2221

Located at the Waterman Conservation Education Center. Includes five weeks of supervised activities, games, and arts & crafts.

**Waverly Recreation Summer Day Camp** ..... (607) 565-8641

Five week long day camp for children in grades K-8.

**4-Hidden Valley**..... (607) 687-4020

4-H camp operated by Cornell Cooperative Extension. Residential and day camps are available.



# Transportation

**Owego Taxi Service.....(607) 687-1171**

Serves: Owego, Apalachin, Waverly, Newark Valley, Richford, Berkshire, Barton, Tioga, Nichols, and Candor.

**R & L Taxi Service.....(607) 565-7374**

Serves Waverly, NY.

**Valley Taxi, Inc. ....(570) 888-2365**

Serves the Waverly area.

**Southern Tier Rideshare ..... Visit: [southerntierrideshare.org](http://southerntierrideshare.org)**

**Uber and Lyft.....Download the apps!**

**Get There Call Center.....1-855-373-4040**

Free transportation education, referral, and planning services. Does **not** provide transportation, but helps you find transportation services.

**If you are in an emergency situation  
DIAL 9-1-1  
for ambulatory transportation.**





## Find Food

**Berkshire Helping Hands Food Pantry** ..... (607) 657-8158

Monday from 6:30pm-7:30pm and Thursdays from 2:00pm-4:00pm

11 Jewett Hill Road, Berkshire, NY 13736

**Bread of Life Food Pantry (Candor)** ..... (607) 659-3343

Wednesdays from 3:00pm-5:30pm

1 Water Street, Candor, NY 13743

**Food Bank of the Southern Tier** ..... (607) 796-6061

388 Upper Oakwood Ave., Elmira, NY 14903

To find other local foodbanks visit: <https://www.foodbankst.org/find-food/>

**Open Door Mission (Owego)** ..... (607) 687-1121

Monday-Friday, 10:00am-12:00pm and 1:00pm-4:30pm

425 North Avenue, Owego, NY 13827

**Park Terrace Food Pantry (Apalachin)** ..... (607) 625-4134

Saturdays from 11:00am-1:00pm

30 Glann Road, Apalachin, NY 13732

**Project Neighbor of Newark Valley** ..... (607) 642-8811

Tuesdays and Thursdays from 3:00pm-4:00pm

70 South Main Street, Newark Valley, NY 13811

**Spencer Van Etten Community Food Cupboard** ..... (607) 589-4412

Second Thursday of each month from 4:00pm-5:30pm & Last Thursday of each month from 9:30am-10:30am.

70 North Main Street, Spencer, NY 14883

**Tioga County Rural Ministry (Owego)** ..... (607) 687-3021

Monday-Thursday from 10:00am-4:00pm and Friday 10:00am-1:00pm

143 North Avenue, Owego, NY 13827

**Tioga Outreach Center - Food Pantry** ..... (607) 414-1023

Tuesday-Friday, 9:00am-12:00pm and 1:00pm-3:00pm

139 Roki Boulevard, Nichols, NY 13812

**Valley Food Pantry (Waverly)** ..... (607) 565-8718

Monday-Thursday 10:00am-12:00pm & 2:00pm-4:00pm and Friday from 10:00am-12:00pm

418 Waverly Street, Waverly, NY 14892

## **Summer Meal Sites**

**\*May change annually\***

**Apalachin Elementary School .....(607) 687-6289**  
405 Pennsylvania Avenue, Apalachin, NY 13732

**Berkshire Free Library.....(607) 657-4418**  
12519 NY-38, Berkshire, NY 13736

**Common Ground Community Center.....(607) 972-7054**  
28 West Main Street, Owego, NY 13827

**East Spencer Mobile Park .....(607) 687-7301**  
141 East Spencer Road, Spencer, NY 14883

**Hillview Mobile Home Park .....(607) 687-7303**  
662 Ithaca Road, Spencer, NY 14883

**Newark Valley Middle School .....(607) 642-5524**  
88 Whig Street, Newark Valley, NY 13811

**Owego Free Academy.....(607) 687-7301**  
1 Sheldon Guile Boulevard, Owego, NY 13827

**Owego Elementary School.....(607) 687-7303**  
2 Sheldon Guile Boulevard, Owego, NY 13827

**Owego United Methodist Church .....(607) 687-2417**  
261 Main Street, Owego, NY 13827

**Richford Town Hall .....(607) 657-8090**  
17 Bowery Lane, Richford, NY 13835

**Spencer-Van Etten Elementary School .....(607) 589-7110**  
7 Langford Street, Van Etten, NY 14889

**Spencer-Van Etten Middle School .....(607) 589-7120**  
1 Center Street, Spencer, NY 14883

**Tioga County Boys & Girls Club.....(607) 687-0690**  
201 Erie Street, Owego, NY 13827

## Summer Meal Sites

**\*May change annually\***

**Tioga Central Middle School..... (607) 687-8000**  
41 Fifth Avenue, Tioga Center, NY 13845

**Tioga Central High School..... (607) 687-8000**  
27 Fifth Avenue, Tioga Center, NY 13845

**Waverly High School ..... (607) 565-8101**  
15 Fredrick Street, Waverly , NY 14892



**For more information visit [foodbankst.org](http://foodbankst.org)  
or call the 2-1-1 hotline.  
“Like” the Tioga County Anti-Hunger Task Force  
on Facebook for Meal Site updates!**



## Clothing Banks & Thrift Stores

**The Clothes Closet of The Bridge ..... email: [clothescloset@thevalleybridge.org](mailto:clothescloset@thevalleybridge.org)**  
Located behind the North Waverly Chapel at 40 State Route 34, Waverly, NY 14892

**Clothes Club House for Kids ..... (607) 687-4793**  
3022 State Route 17C, Tioga Center, NY 13845

**Goodwill Store & Donation Center ..... (607) 797-3414**  
3701 Vestal Parkway E, Vestal, NY 13850

**Open Door Mission ..... (607) 687-1121**  
425 North Avenue, Owego, NY 13827

**Red Door Thrift Store ..... (607) 249-6062**  
359 Broad Street, Waverly, NY 14892

**Salvation Army Thrift Store ..... (607) 565-7137**  
561 Broad Street, Waverly, NY 14892

**Up the Creek Ladies Consignment Boutique..... (607) 687-1470**  
163 Main Street, Owego, NY 13827



## Homeless Shelters

**A New Hope Center (Women & Children)**..... (607) 687-6866  
20 Church Street, Owego, NY 13827

**Open Door Mission (Men)**..... (607) 687-1121  
425 North Avenue, Owego, NY 13827

**American Red Cross (Disaster only)** ..... (607) 785-7207  
620 East Main Street, Endicott, NY 13760

**Binghamton Rescue Mission** ..... (607) 201-1030  
56-58 Whitney Avenue, Binghamton, NY 13901

**Ithaca Rescue Mission**..... (607) 241-1020  
717 Court Street, Ithaca, NY 14850

**Men's VOA**..... (607) 772-6679  
320 Chenango Street, Binghamton, NY 13901

**Rise-NY (DBA-SOS Shelter, Inc.)**..... (607) 748-7453  
Domestic Abuse Shelter in Endicott, NY. Call for more information.

**Salvation Army Adult Rehabilitation Center** ..... (607) 723-5381  
3-5 Griswold Street, Binghamton, NY 13904

**The "Y" (YMCA) Emergency Shelter for Men** .....(607) 772-0560 ext. 336 ext. 338  
61 Susquehanna Street, Binghamton, NY 13901

**Volunteers of America** *\*affordable housing also available\** ..... (607) 798-8156  
316 Glenwood Road, Binghamton, NY 13901

**YWCA Women's Emergency Shelter** .....(607) 772-0340 ext. 223 ext. 241  
80 Hawley Street, Binghamton, NY 13901

## Affordable Housing

**Tioga Opportunities, Inc. Housing** ..... (607) 687-0707  
1023 State Route 33, Owego, NY 13827



## Financial Assistance

**Tioga County Rural Ministry** ..... (607) 687-3021  
143 North Avenue, Owego, NY 13827

**Tioga County Social Services Emergency Aid** ..... (607) 687-8300  
1062 NY-38, Owego, NY 13827

## Home Safety

**Tioga County Healthy Neighborhoods Program** ..... (607) 687-8600  
Call to schedule an appointment! Provides **free** in-home assessments to evaluate home safety for all Tioga County residents. Assessment areas include: fire safety, lead, fall prevention, and more.

## Veterans Affairs

**Tioga County Veteran's Service Agency** ..... (607) 687-8228  
1062 NY-38, Room 1145, Owego, NY 13827

**Binghamton Veteran's Affairs (VA) Clinic** ..... (607) 772-9100  
**Syracuse Location Mental Health** ..... (315) 425-3463  
203 Court Street, Binghamton, NY 13901-3601

**Binghamton Vet Center** ..... (607) 722-2393  
53 Chenango Street, Binghamton, NY 13901

**Sayre VA Clinic** ..... (570) 888-6803  
1537 Elmira Street, Sayre, PA 18840

**Southern Tier Veterans Support Group** ..... (607) 205-8332  
PO Box 1201, Vestal, NY 13851

**Veterans Affairs Service Agency** ..... (607) 724-1299  
44 Hawley Street, Binghamton, NY 13901

**Veterans Crisis Line** ..... 1-800-273-8255 (Press 1)



## Pregnancy, Parenting, & Family Planning

**Tioga County Department of Social Services..... (607) 687-8300**  
1062 NY-38, Owego, NY 13827

**Tioga County WIC Program (Tioga Opportunities, Inc.) ..... (607) 687-3147**  
110 Central Avenue, Owego, NY 13827

Women, Infants, Children supplemental nutrition program. WIC also provides support, counseling, and referrals as needed.

**Tioga Opportunities, Inc. Family Health Services ..... (607) 687-5333**  
110 Central Avenue, Owego, NY 13827

Reproductive healthcare for men and women.

**Cornell Cooperative Extension..... (607) 687-4020 ext.305**  
Offers various parenting education programs. Please call for more information.

**Family Enrichment Network (Tioga County).....(607) 687-6721 ext. 1186**  
1277 Taylor Road, Owego, NY 13827

Offers a variety of programs and services to families.

**AspireHope of NY ..... (607) 776-2164**  
Offers support groups, parent and caregiver education, respite care, and more.

**Life Choices Center ..... (607) 205-8506**  
93 Oak Street, Binghamton, NY 13901  
Free confidential services for pregnant women and reproductive health education.

**Mothers & Babies..... (607) 772-0517**  
457 State Street #1, Binghamton, NY 13901  
Connects individuals and families to healthcare and other services.

**Parents and Children Together (PACT) ..... (607) 687-6145**  
Located at Lourdes Primary Care Clinic: 500 5th Avenue, Owego, NY 13827  
In-home program that supplies children under 5 with fun activities that promote

**Parent to Parent of New York State ..... (607) 240-4574**  
249 Glenwood Road, Rm 3C33, Binghamton, NY 13905  
Provides support for those caring for individuals with developmental disabilities.

**Women's Help Center..... (814) 536-5361**  
Please call for more information.

**IF YOU SUSPECT A CHILD IS BEING NEGLECTED OR ABUSED .. 1-800-342-3720**

## AIDS/HIV/STDs

**Tioga Opportunities, Inc. Family Services ..... (607) 687-5333**

110 Central Avenue, Owego, NY 13827

Information and appointments available for reproductive health education, STD testing, and birth control options.

**NYS AIDS Hotline ..... \*1-800-541-2437**

Provides free confidential support and information about HIV/AIDS and others STDs.

**Southern Tier AIDS Program (STAP)..... (607) 789-1706**

Offers HIV testing and syringe exchange program.

22 Riverside Drive, Binghamton, NY 13905 (other locations in NYS also available)

## Sexual Assault & Abuse

Sexual assault is any type of sexual contact or behavior that occurs without consent of the recipient. If you or someone you know experiences sexual assault in any form do not hesitate to get help.

**A New Hope Center ..... \*(607) 687-6866**

..... \*1-800-696-7600

..... Text line: \*(607) 972-1996

20 Church Street, Owego, NY 13927

**National Sexual Assault Hotline ..... \*1-800-656-4673**

## Domestic Violence

Domestic Violence (aka domestic abuse, relationship abuse, or intimate partner violence) is a pattern of behaviors used by one partner to maintain power and control over another in an intimate relationship. Domestic abuse is not always physical, it can be in the form of financial control, using children as a threat, or emotional abuse.

**A New Hope Center ..... \*(607) 687-6866**

..... \*1-800-696-7600

..... Text line: \*(607) 972-1996

20 Church Street, Owego, NY 13927

Free confidential comprehensive services to all victims of abuse,

**National Domestic Violence Hotline..... \*1-800-799-7233**

**\*Denotes 24/7 resource.**

**If you are in an emergency situation, dial 9-1-1**

## Human Trafficking

Human trafficking, according to the federal government, is any person who exchanges sex for something of value under duress in the form of force, fraud, or coercion, or any person who has not yet reached the age of 18 who exchanges sex for something of value (regardless of whether force or coercion was present).

**Safe Harbour** ..... **\*(607) 687-6866**  
Provides assistance to families and youth who have been victims of human trafficking or are at risk of victimization.

\*Contact A New Hope Center at 607-687-6866 if immediate assistance is needed\*

**National Center for Missing and Exploited Children (NCMEC)** .... **\*1-800-THE-LOST**  
..... **\*(1-800-848-567)**

**Human Trafficking Hotline** ..... **\*1-888-373-7888**  
..... **or text BeFree to 233733**

**\*Denotes 24/7 resource.**

**If you are in an emergency situation, dial 9-1-1**

## Mental Health

**Tioga County Mental Hygiene Department (Owego)**..... **(607) 687-4000**  
1062 NY-38, Owego, NY 13827  
Open access walk-in services for mental health and alcohol and drug abuse are now available during clinic hours. No appointment required. First come first serve basis.

**Tioga County Mental Hygiene Satellite Clinic (Waverly)** ..... **(607) 565-9594**  
80 William Donnelly Indus Parkway, Waverly, NY 14892

**Abide in the Vine Counseling Center**..... **(607) 744-1100**  
1277 Taylor Road, Owego, NY 13827  
Faith-based family and marriage counseling service.

**Center for Psychological Services (Apalachin)** ..... **(607) 785-4156**  
3 Tioga Boulevard #5, Apalachin, NY 13732  
Provides a vast array of services to a wide variety of populations and presenting problems.

**Dr. Idahosa (Waverly)** ..... **(607) 821-2444**  
Doctor Idahosa is a licensed psychiatrist who is able to prescribe psychiatric medications.



## Mental Health

**Family & Children’s Society (Owego)..... (607) 687-3540**  
153 West Main Street, Owego, NY 13827

Services include: The Family Mental Health Clinic, individual & family counseling, elderly counseling, and more.

**Four Corners Assessment & Counseling, LLC (Vestal)..... (607) 205-1394**  
231 Main Street Lobby Level, Vestal, NY 13850

Provides diagnostic evaluations, psychotherapy, and counseling for those living with autism and other disabilities.

**Mental Hygiene Legal Services (Elmira)..... (607) 721-8440**  
Located in Elmira Psychiatric Center: 100 Washington Street #4301, Elmira, NY 14901

Protects and advocates for the rights of individuals with mental illnesses, developmental disabilities, or alcoholism.

**Southern Tier Counseling Solutions (Owego) ..... (607) 222-5639**  
14 George Street #1, Owego, NY 13827

Services include: grief therapy, women’s therapy, child therapy, and teen therapy

**Journey of Hope Counseling Center (Spencer)..... (607) 251-0920**  
2219 West Danby Road, Spencer, NY 14883

Faith-based counseling service with specialties in depression, anxiety, and addiction.

## Suicide Prevention

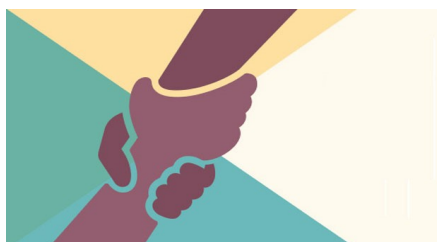
**Tioga County Suicide Prevention Coalition ..... (607) 687-4000**  
Call for more information.

**Tioga County Warm Line**  
..... (607) 687-1314  
..... 1-844-976-5463

The Warm Line is **not** a crisis hotline. Warm Line offers: peer self-help, referrals to community resources, non-judgmental listeners, and more!

Hours operation are 4:00pm-9:00pm Saturday and Sunday.

**Suicide Prevention Hotline ..... \*1-800-273-8255**



## Health & Medical Care

**Tioga County Public Health Department** ..... (607) 687-8600

1062 NY-38, Owego, NY 13827

Resource for general health questions and information. Provides a wide variety of resources and programs for Tioga County residents.

**Tioga Opportunities, Inc. Family Health Services** ..... (607) 687-5333

110 Central Avenue, Owego, NY 13827

Information and appointments available for reproductive health education, STD testing, and birth control options.

**Apalachin Family Care (Primary Care)** ..... (607) 625-4843

6889 NY- 434, Apalachin, NY 13732

**Dr. Keith A. Nichols, M.D., FAFP (Primary Care)** ..... (607) 687-5794

130 Temple Street, Suite 100, Owego, NY 13827

**Guthrie Family Care (Primary Care)** .....

**Waverly:** 29 North Chemung Street ..... (607) 565-9975

**Owego:** 1246 NY-38 ..... (607) 687-6101

**Apalachin:** 3 Tioga Boulevard ..... (607) 625-2136

**Lourdes Family Practice (Primary Care)** ..... (607) 687-1122

**Lourdes Walk-In Clinic**..... (607) 972-2335

500 5th Avenue, Owego, NY 13827

**Northern Tioga Center for Family Health (Primary Care)** ..... (607) 657-8521

13293 NY-38, Richford, NY 13835

**United Health Services (UHS) Primary Care** .....

**Owego:** 42 West Main Street ..... (607) 687-0350

**Candor:** 54 Main Street ..... (607) 659-7272

**Apalachin:** 8836 NY-434 ..... (607) 625-5004

**Newark Valley:** 119 Whig Street ..... (607) 642-5211

**Ferre Genetics**..... (607) 724-4308

Provides comprehensive genetic counseling services. Call for more information.

**If you are in an emergency situation, dial 9-1-1**



## Dental Care

- Tioga County Mobile Dental Van** ..... (607) 687-8595  
Call to find out where the dental van is currently located and schedule an appointment!  
**To view the full schedule visit: [www.tiogacountyny.com/departments/public-health/](http://www.tiogacountyny.com/departments/public-health/)**  
Services include: cleanings, x-rays, sealants, fillings, extractions, and fluoride treatments! All insurances are accepted. Sliding scale fee for those without insurance.
- Bronsky Orthodontics** ..... (607) 687-0905  
218 Front Street, Owego, NY 13827
- Dr. Joseph A. Picco Family Dentistry** ..... (607) 565-7355  
16 Fredrick Street, Waverly, NY 14892
- Hiawatha Dental Center** ..... (607) 687-7536  
153 Main Street #4, Owego, NY 13827
- Matthew K. Cook, DDS** ..... (607) 687-4522  
218 Front Street, Owego, NY 13827
- Owego Dentist (D. Christian Aumock, DDS)** ..... (607) 687-1424  
230 Front Street, Owego, NY 13827
- Riverow Dental, PLLC** ..... (607) 687-4664  
248 Front Street, Owego, NY 13827
- Stephen McKee, DDS** ..... (607) 565-7811  
403 Chemung Street, Waverly, NY 14892
- Wilson Dental** ..... (607) 565-4374  
463 Fulton Street, Waverly, NY 14892



## Alcohol & Drug Abuse

**Tioga County Alcohol and Drug Services..... (607) 687-0200**

1062 NY-38, Owego, NY 13827

Offers group sessions, counseling, and evaluations.

**CASA-Trinity, Inc..... (607) 223-4066**

72 North Avenue, Owego, NY 13827

Recovery services and education for individuals, families, and communities.

**NYS Substance Abuse Hotline ..... \*1-877-846-7369**

**National Drug Helpline..... \*1-800-633-3239**

**The Recovery Village Helpline ..... \*844-244-3171**

*Specifically for alcohol abuse.*

## Tioga County COTI Programs

The Center for Treatment Innovation (COTI) is a mobile organization that helps those battling addiction access treatment services such as: opioid withdrawal medication and treatment, medical and mental health services, pain management, peer support, transportation, and more.

**CASA-Trinity COTI Program..... (607) 223-4826**

**Addiction Center of Broome County COTI Program ..... (888) 428-4571**

30 West State Street, Binghamton, NY 13901

## Narcan

Narcan is a life-saving medication given during an opioid overdose. You can receive Narcan Training and a supply of the medication at no cost at the following organizations.

**Tioga County Public Health ..... (607) 687-8600**

1062 NY-38, Owego, NY 13827

**Tioga County Mental Hygiene Department ..... (607) 687-4000**

1062 NY-38, Owego, NY 13827

**CASA-Trinity, Inc..... (607) 223-4066**

*You can also check with your pharmacy to see if they carry Narcan. New York State's N-CAP program will cover up to \$40 of your co-pay - no prescription needed!*

## Medication Drop Box Locations

<b>Tioga County Sheriff's Office</b> .....	<b>(607) 687-1010</b>
103 Corporate Drive, Owego, NY 13827	Monday-Friday 8:00am-4:00pm
<b>Owego Village Police Headquarters</b> .....	<b>(607) 687-2233</b>
90 Temple Street, Owego, NY 13827	Monday-Friday 8:00am-4:00pm
<b>Waverly Police Department</b> .....	<b>(607) 565-2836</b>
32 Ithaca Street, Waverly, NY 14892	Monday-Friday 8:30am-4:00pm
<b>Apalachin Pharmacy</b> .....	<b>(607) 625-2129</b>
6843 NY-434 #6845, Apalachin, NY 13732	Monday-Friday 8:00am-6:30pm Saturday 9:00am-3:00pm

## Smoking

Did you know, smoking is the leading cause of lung cancer in the United States?  
It is also one of the most difficult additions to quit.

**Tobacco Free Broome-Tioga** .....

**(607) 778-3068**  
Community education and advocacy program.

**NYS Smoker's Quitline** .....

**\*1-866-697-8487**  
Talk to a trained coach who will help you take the first steps toward quitting.

**UHS Stay Healthy Center** .....

**(607) 763-6060**  
601 653 Harry L Drive, Oakdale Mall, Johnson City, NY 13790  
Provides individual smoking cessation counseling.

**Mothers and Babies Perinatal Network**.....

**(607) 772-0517**  
457 State Street, Binghamton, NY 13901  
Provides smoking cessation programs for pregnant women, parents, and caregivers.

*You can also speak to your primary care provider!*



**\*Denotes 24/7 resource**

## Disability

**ACHIEVE** ..... (607) 723-8361

**56 Broadway Road, Owego, NY 13827** ..... (607) 687-5140

Provides a variety of services to enhance the lives of those living with disabilities and their families.

### **Adult Career and Continuing Education Services - Vocational Rehabilitation**

**(ACCESS-VR)** ..... 1-800-888-5010 or (607) 721-8400

44 Hawley Street, Binghamton, NY 13901

Vocational rehabilitation services designed to assist those with disabilities find employment.

**Autism Society of America, Central NY Chapter** ..... (315) 447-4466

Information and support for individuals with Autism and their families.

### **Broome-Tioga Board of Cooperative Educational Services (BOCES)**

435 Glenwood Road, Binghamton, NY 13905 ..... (607) 763-3300

Educational institution with educational programming and support services.

**Community Options, Inc. of the Southern Tier**..... (607) 722-5971

182 State Street, Binghamton, NY 13901

Provides residential, day habilitation, recreational, and employment opportunities for individuals with disabilities.

**Down Syndrome Information Network of the Twin Tiers** ..... (607) 654-0146

A network of families in the Twin Tiers region focused on making the community more inclusive for those with Down Syndrome.

**Epilepsy-Pralid, Inc.** ..... (607) 953-0319

22 Jackson Avenue, Suite 127, Endicott, NY 13760

Provides education, support, training, and advocacy for individuals, and their families, living with developmental or acquired brain conditions.

**Family Resource Network, Inc.** ..... (607) 432-0001

Provides information and referral services. Functions as a resource center for families of children with special needs.

**Institute for Child Development** ..... (607) 777-2829

Located behind the East Gym on Binghamton University Campus.

Provides Early Intervention and Preschool Programs for children with developmental delays, including evaluations for Autism.

**Lions Camp Badger** ..... (607) 589-4800

Six week summer program for adolescents through the Empire State Speech and Hearing Clinic. Located in Spencer, NY.

## Disability

**New York State Health Home Program ..... 518-473-5569**

For those who qualify for Medicaid, a group of healthcare and service providers will work together to make sure you have the services you need to stay healthy! Services may include: housing, medications, transportation, health care providers, mental health providers, and more!

**NY Connects..... 1-800-342-9871**

Provides free unbiased information regarding long-term services and support in New York State for those with any type of disability.

**Racker Center ..... (607) 687-8929**

1277 Taylor Road #4, Owego, NY 13827

Provides strength-based support for individuals with disabilities and their families. Services include, but are not limited to, therapies, evaluations, care management, and financial assistance.

**US Social Security Administration ..... 1-800-772-1213**

2 Court Street, Binghamton, NY 13901

Call for information on Social Security Disability (SSD) and Supplemental Security Income (SSI).

**Southern Tier Independence Center (STIC)..... (607) 724-2111**

135 E Frederick Street, Binghamton, NY 13904

Provides support and information.

**Special Olympics, Southern Tier..... (315) 314-6839**

Provides opportunities for athletic training, competition, and socialization.

**Ticket-to-Work and Disability Resources ..... (607) 778-6478**

Tioga-Broome support for finding and maintaining employment for people with disabilities.

**Tioga County Public Health ..... (607) 687-8600**

1062 NY-38, Owego, NY 13827

Programs for children birth-21 years who have a diagnosis, suspected developmental delay, or health condition requiring assistance.

**Tioga County Public Health Resource Library ..... (607) 687-8600**

1062 NY-38, Owego, NY 13827 \*Call to schedule an appointment

Check out resources, such as weighted vests and blankets, an iPad with communication apps, toys to enrich development, and more!

# Religious Services

## Apalachin

Abide in the Vine Fellowship	(607) 768-3426
Apalachin United Methodist Church	(607) 625-2733
Christian and Missionary Alliance Church of Apalachin	(607) 625-2013
Community Baptist Church	(607) 762-2679
Faith Christian Fellowship of Apalachin	(607) 625-2853
Park Terrace United Methodist Church	(607) 625-4134
Saint Margaret Mary	(607) 625-3191
South Apalachin Baptist Church	(607) 625-4367

## Barton

American Evangelical Christian Church	(607) 565-2891
Tioga Center Baptist Church	(607) 687-2330
Barton United Methodist Church	(607) 565-8691

## Berkshire

Berkshire Congregational Parsonage	(607) 657-8058
Church of Christian Gospel Faith	(607) 657-8559
First Congregational Church of Berkshire	(607) 657-2677
Saint John's Episcopal Church	(607) 642-5422
Berkshire United Methodist Church	(607) 657-2510

## Candor

Allen Memorial Baptist Church	(607) 659-5335
Candor Congressional Church	(607) 659-7646
Catatonk Baptist Church	(607) 659-4014
Kingdom Hall of Jehovah's Witnesses	(607) 659-7690
McKendree United Methodist Church	(607) 659-4906
Saint Francis Church	(607) 659-5959
Saint Mark's Episcopal Church	(607) 659-7479
Seventh Day Adventist Church	(607) 687-3078
Straits Corner Baptist Church	(607) 659-4328

## Newark Valley

First Baptist Church	(607) 642-8133
Newark Valley United Methodist Church	(607) 642-8811
Newark Valley United Church of Christ	(607) 308-1503
Saint John the Evangelist	(607) 642-3362

## Nichols

First Presbyterian Church	(607) 699-3050
Gibson Corners Methodist	(607) 687-8939
Lounsbury United Methodist Church	(607) 699-7281
Nichols Baptist Church	(607) 699-3375
Nichols United Methodist Church	(607) 699-7978

## Richford

Richford Congregational Church	(607) 657-2592
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## Owego

Abide in the Vine	(607) 687-3426
Assembly of God Church	(607) 768-9204
Bridge of Hope Ministries, Inc.	(607) 687-2175
The Church of Jesus Christ of Latter Day Saints	(607) 687-9700
Church of the Nazarene	(607) 687-1932
Church Commons	(607) 972-7054
First Baptist Church of Owego	(607) 687-4394
First Congregational United	(607) 764-5520
First Presbyterian Union Church	(607) 687-1682
Flemingville United Methodist Church	(607) 687-6690
Gateway Ministries, Inc.	(607) 687-5971
Gospel Chapel	(607) 687-4954
Heart of God Fellowship	(607) 689-0399
He's Alive Ministries	(888) 814-6968
Lakeview Chapel, Inc.	(607) 687-3261
Living Water Baptist	(607) 768-3030
Lord Hill Church	(607) 687-4392
The Nazarene Parsonage	(607) 687-0451
Owego United Methodist Church	(607) 687-2417
Reformed Presbyterian Church	(607) 687-3820
South Owego Bible Church	(607) 687-4537
Saint Patrick's Parish	(607) 687-1068
Saint Maximus Church	(607) 835-6194
Saint John's Episcopal Church	(607) 687-2830
Tioga County Rural Ministries, Inc.	(607) 687-3021
Unity of Light Spiritual Center, Inc.	(607) 754-4814
Sword and the Spirit Christian Fellowship	(607) 687-9700
Whittemore Hill United Methodist Church	(607) 754-2490
Zion Lutheran Church	(607) 687-1205

## Spencer

Bible Baptist Church of North Spencer	(607) 589-7505
Faith Bible Chapel	(607) 589-4097
Halsey Valley Victory House Ministries, Inc.	(607) 589-6083
Ithaca Zen Center	(607) 272-0694
Spencer Federated Church	(607) 589-4412
Saint Paul's Lutheran Church	(607) 589-6025

## Tioga Center

Tioga Center United Methodist Church	(607) 699-6000
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## Waverly

Christian and Missionary Alliance of Waverly	(607) 565-2492
Christian Life Church	(607) 565-9777
Church of the Nazarene	(607) 565-2286
Emory Baptist Chapel	(570) 423-0503
Faith Southern Baptist Church	(607) 565-7040
First Baptist Church	(607) 565-9593
Kingdom Hall of Jehovah's Witness	(607) 565-8424
North Waverly Chapel	(607) 565-9342
Saint James	(607) 565-2521
Waverly United Methodist Church	(607) 565-8650

## Physical Activity

**Art of Combat MMA** ..... (607) 972-8441  
1518 Day Hollow Road, Owego, NY 13827

**CrossFit 29:11** ..... (607) 857-5713  
93 Ellistown Road, Waverly, NY 14892

**Family Fitness Center** ..... (607) 699-7498  
263 West River Road, Nichols, NY 13812

**Fay's Fitness, Inc.** ..... (607) 659-4818  
41 Owego Road, Candor, NY 13743

**Four Seasons Fitness Studio** ..... (607) 429-9814  
32 Lake Street, Owego, NY 13827

**Inspire S-VE Community & Fitness Center** ..... (607) 589-7688  
57 E Tioga Street, Spencer, NY 14883

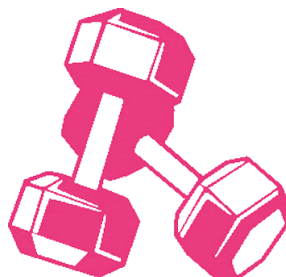
**New Image Fitness Center**..... (607) 565-4439  
307 Broad Street, Waverly, NY 14892

**Peak Performance Physical Therapy/Tioga Fitness Center** ..... (607) 687-7645  
115 Hickories Park Road, Owego, NY 13827

**Stormpeak CrossFit** ..... (607) 227-0405  
107 Main Street, Candor, NY 13743

**Waverly Fitness Center** ..... (607) 742-8838  
270 Broad Street, Waverly, NY 14892

**Yeaman Athletics** ..... (607) 427-0411  
30 Elm Street, Owego, NY 13827



## Golf Courses

**Apalachin Golf Course**..... (607) 625-2682  
607 South Apalachin Road, Apalachin, NY 13732

**Catatonk Golf Club, Inc.** ..... (607) 659-4600  
71 Golf Club Road, Candor, NY 13743

**DJ's Golf Center** ..... (607) 565-2618  
273 County Road 60, Waverly, NY 14892

**Grandview Farms Golf Course** ..... (607) 657-2619  
400 Hartwell Road, Berkshire, NY 13736

**Hollybrook Country Club**..... (607) 589-4431  
49 Fisher Settlement Road, Spencer, NY 14883

**Links at Hiawatha Landing**..... (607) 687-6952  
2350 Marshland Road, Apalachin, NY 13732

**Pheasant Hill Country Club**..... (607) 687-0722  
6333, 2771 Waits Road, Owego, NY 13827

**Shepard Hills Country Club**..... (607) 565-9500  
17 Chemung Street, Waverly, NY 14892

**Tioga Golf Club**..... (607) 699-3881  
151 Roki Boulevard, Nichols, NY 13812



## Parks

**Ahwaga Park** .....  
180 Front Street, Owego, NY 13827

**Draper Park**.....  
132 Front Street, Owego, NY 13827

**Hickories Park** ..... (607) 687-1199  
359 Hickories Park Road, Owego, NY 13827

**Hull Park** .....  
Route 96, Candor, NY 13743

**Kirby Park** .....  
East River Road, Nichols, NY 13812

**Logan Hill Nature Preserve** .....  
124 Logan Hill Road, Candor, NY 13743

**Marvin Park** ..... (607) 687-1101  
50 West Main Street, Owego, NY 13827

**Muldoon Park** .....  
451 Pennsylvania Avenue, Waverly, NY 14892

**Nichols Pond** .....  
12 Owego Street Exd, Spencer, NY 14883

**Owego Riverwalk** .....  
Front Street, Owego, NY 13827

**Ransom Park**.....  
Route 17C, Tioga Center, NY 13845

**Rawley Park** .....  
13334 NY-38, Richford, NY 13835

**Rebecca Weitsman Memorial Dog Park**..... (607) 687-1199  
359 Hickories Park Road, Owego, NY 13827

**Trout Ponds Park**.....  
44 Spring Street, Newark Valley, NY 13811

**Two Rivers State Park**.....  
Banzhoff Road, Waverly, NY 14892 \*access also available through Waverly Glenn Park

**Waterman Conservation Center** ..... (607) 625-2221  
403 Hilton Road, Apalachin, NY 13732

**Waverly Glen Park**..... (607) 565-8641  
85 Moore Street, Waverly, NY 14892

## Libraries

**Apalachin Public Library**..... (607) 625-3333

719 Main Street, Apalachin, NY 13732

**Cady Library**..... (607) 699-3835

42 East River Road, Nichols, NY 13812

**Candor Free Library**..... (607) 659-7258

2 Bank Street, Candor, NY 13743

**Coburn Free Library** ..... (607) 687-3520

275 Main Street, Owego, NY 13827

**Tappan-Spaulling Memorial Library** ..... (607) 642-9960

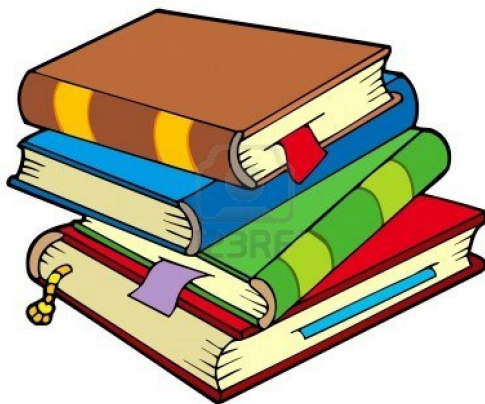
6 Rock Street, Newark Valley, NY 13811

**Tioga County Public Health Resource Library** ..... (607) 687-8600

1062 NY-38, Owego, NY 13827 \*Call to schedule an appointment

**Waverly Free Library** ..... (607) 565-9341

18 Elizabeth Street, Waverly, NY 14892



# Tioga County Children's Resource Library



The Tioga County Resource Library is a place where families can use and test out specialized resources for their children for FREE. These resources are for children to enhance their development (whether they have a delay or a diagnosis), however any child or adult may use these resources!

**Resource Library Location**  
**Tioga County Public Health**  
 1062 State Route 38, Owego, NY 13827  
 607-687-8600

**Call to schedule a visit!**

Funded by a grant from the Pickert-Hickok Fund of the Community Foundation of SCNY

**Try out different resources, assistive devices, and more !**

- Puzzles
- Toys to Enrich Development
- DVD's\*
- Books for Adults\*
- Children's Books
- And More! \*Focuses on Different Diagnosis

Additional resources can be borrowed by providers through Tioga County Public Health for children receiving services!

- Weighted Vest
- Weighted Blankets
- iPad (with communication apps)
- Boardmaker with Visual Materials



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 Prevent. Promote. Protect!  
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If you have questions about the Resource Library, please contact  
 Tioga County Public Health at 607-687-8600



# Is Your **Child** On Track With Kids Their Age?

We Can Help Kids From  
Birth - 3 Years Old

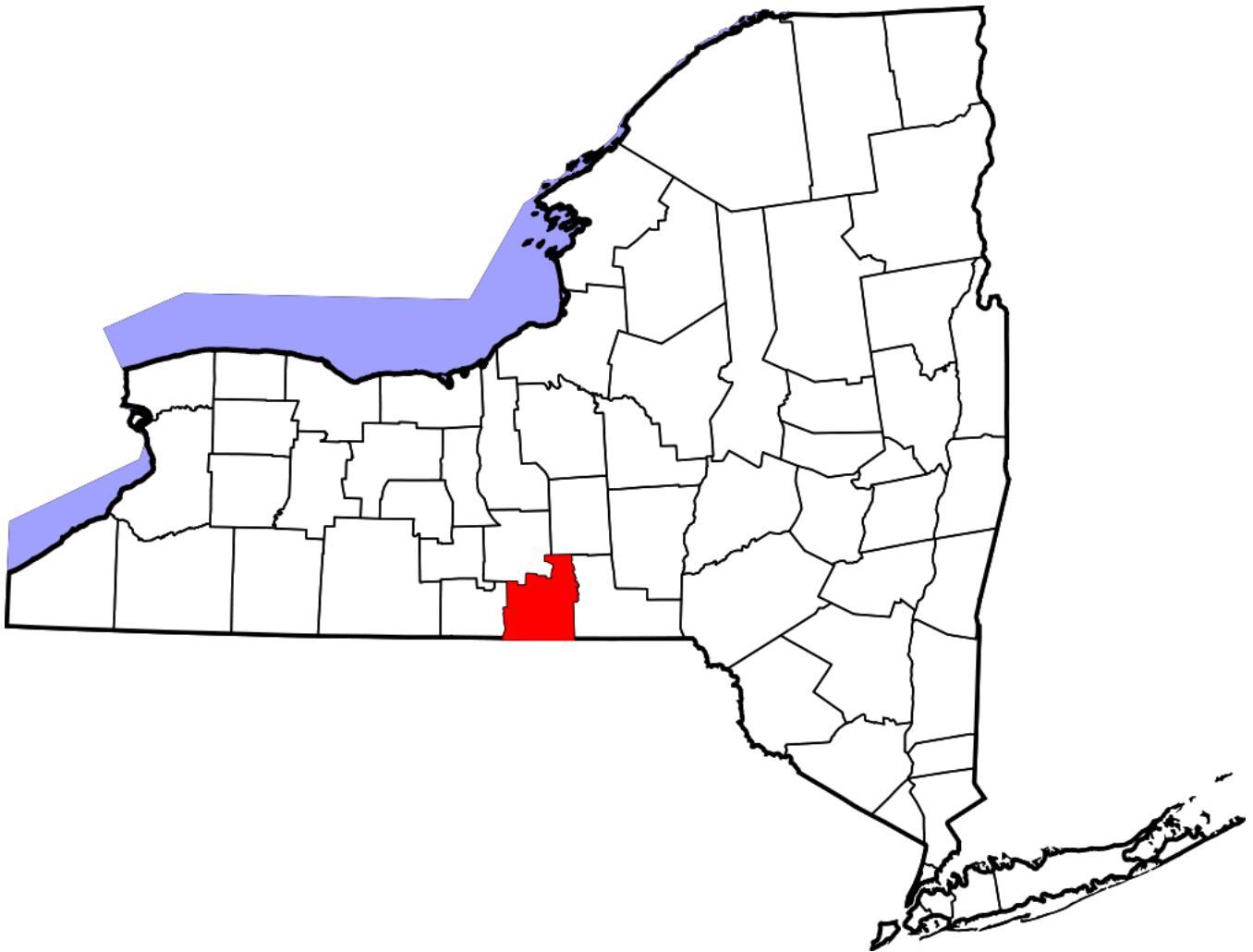
- Meet with One of Our Service Coordinators
- Talk to us about your child's needs
- Develop a personalized family plan

You DO NOT Need a Doctor's Referral for Your Child to Get  
**EARLY INTERVENTION SERVICES!**

Call Tioga County Public Health at  
607-687-8600!



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**This guide was put together by Tioga County Public Health.**

While we try to keep information up-to-date, we recommend calling and verifying information with a local agency for services to confirm availability.

**If you have any questions regarding this guide, please call**

**Tioga County Public Health at 607-687-8600.**

**For all other questions, please contact agencies directly.**



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**Are we missing something? Contact us with any information regarding resources in Tioga County we may have missed!**