

TIOGA COUNTY DEPARTMENT OF MENTAL HYGIENE
PWDD SUBCOMMITTEE MEETING
OF THE TIOGA COUNTY COMMUNITY SERVICES BOARD

PENDING APPROVAL

Subcommittee meeting date: September 10th, 2024

Via Hybrid

Member Casie O'Reilly
Attendance: Kim Bailey-Poreda
 Gabriella Ayers
 Evelyn Vavra
 Gayle Pado
 Tina Lounsbury
Guest Anne Seepersaud
Attendance: Karen Warfle
 Denise Brennan
 Tricia Tomm
 Emily Jackson

Mental Hygiene Lori Morgan, Director of Community Services
Staff Attendance: Sue Graves, Secretary to the Director

Meeting called to order at: 9:05am

Topic: Review of August 2024 Minutes – Approved with changes

Topic DDSO/DDRO Report – Casie O'Reilly for Vickie Fergus

Discussion: Updates:
 • Managed Care Assessment
 ○ All received final report via email (attached)
 ○ Working on staff shortages is #1
 ■ Openings posted on OPWDD website
 ■ Training and retention efforts being made

Status: Informational – Complete

Topic: Director's Report – Lori Morgan

Discussion: Updates:
 • Budget neutral as planned
 ○ Waverly Site to open in November offering MH and ADS services
 • Bed decrease in Racker IRA
 ○ Temporarily gave one bed to Tompkins County from Tioga

Status: Informational – Complete

Topic: Achieve Report via email – Shannon Westbrook

- Discussion:**
- Updates:**
- Tioga Day Hab planning Open House in October
 - Reveal renovation project
 - Invites will be sent out once date is set
 - Have one individual waiting for their SART approval
 - Day Hab Without Walls Program
 - Have two individuals waiting for their SART approval
 - Site Based Day Hab
 - Have openings
 - Now have a changing table and Hoyer coming
 - Do not have a wheelchair van
 - Volunteering at various organizations
 - Daily outings scheduled for individuals to choose from

Status: Informational – Complete

Topic: FSS Report – Gayle Pado

- Discussion:**
- Updates:**
- September events reviewed (list attached)
 - Other Voices of the 607 continue to meet

Status: Informational - Complete

Topic: CCO Reports

- Discussion:**
- Updates:**
- Prime Care – Tricia Tomm**
- Focusing on the health component with individuals
 - No open positions currently
 - Meeting face to face with individuals
- Southern Tier Connect – Emily Jackson**
- Focusing on the health component with individuals
 - Fully staffed
 - Chalk the Walk for Suicide Prevention Awareness happening today
 - Pictures will be on social media
- Lifeplan – Anne Seepersaud**
- Focusing on the health component with individuals
 - Meeting with IDD Providers & Care Managers
 - Expand knowledge
 - Great resource for Care Managers

Status: Informational - Complete

Topic: Racker Report – Gayle Pado

- Discussion: Updates:
- Trunk or Treat Resource Fair in October
 - Contact Gayle if interested in participating
 - Owego Rackers moving in mid-October-November
 - Neighborhood Depot Hub behind Marios
 - Ribbon cutting in the spring

Status: Informational - Complete

Topic: Catholic Charities – Gabby Ayers

- Discussion: Updates:
- Received one Tioga County referral last month
 - Halloween Dance in October at the Owego Moose Club

Status: Informational - Complete

Topic: Self-Advocacy – Karen Warfle

- Discussion: Updates:
- Dental list received from Emily Jackson
 - Revisions need to be made as some no longer provide sedation or do not provide to this particular population
 - Updated list to be sent to the Subcommittee once completed
 - Working on housing option
 - Considering moving from Self-Direction back to traditional waiver services
 - Looking for a side-by-side comparison chart
 - Also looking for a list of what families should consider when searching various housing options
 - Kiwanis Aktion Club accepting new members
 - Dues will be already paid for next year
 - Meetings: 1st Tuesday of the month at 1:30
 - Tioga County Boys & Girls Club
 - Contact Kathy Newell 859-358-0164 or Sebby Truesdail via Facebook Messenger
 - Southern Tier Bridges
 - Meets twice a month – social activities & opportunities
 - Is a membership fee
 - Contact southerntierbridges@gmail.com or call 607-725-3824
 - The Binghamton Philharmonic
 - Several inclusive educational programs
 - Contact Julia O’Connell 607-723-3931 ext. 3 or j.grella.oconnell@binghamtonphilharmonic.org

Status: Informational – Complete

Adjournment: The meeting adjourned at 9:33am. The next meeting is scheduled for Tuesday, October 8th, at 9:00am.



OPWDD Issues Final Report on Managed Care Assessment

Dear Friends and Colleagues,

In November 2022, OPWDD contracted with Guidehouse, Inc. to independently assess New York's current developmental disabilities service delivery system. The assessment evaluated whether utilizing managed care to pay for OPWDD services could benefit the system and improve outcomes for people. This examination of managed care was based on OPWDD's Strategic Plan objective to explore ways to provide equitable access to high quality, person-centered, needs-based services.

In conducting their examination of managed care, Guidehouse engaged extensively with stakeholders – both within New York and beyond – to understand current supports for people with developmental disabilities, their concerns, and what they, their family members, and service providers think about moving to a managed care payment model for services. This included:

- Participating in eight town hall and focus group sessions, including six with people with developmental disabilities, families and natural supports, and two with providers and Care Coordination Organizations;
- Issuing two separate surveys to broaden Guidehouse's feedback from people and their loved ones, as well as the provider community;
- Presenting at six stakeholder and advisory board meetings to share and receive information;
- Closely communicating with leadership within OPWDD and other NYS agencies to gain understanding and perspective of expertise; and
- Conducting a robust literature scan, and national review of services and supports; and
- Interviewing other states with managed care systems and national managed care experts.

Today, with the work of Guidehouse complete, OPWDD is pleased to release the Final Report and Recommendations that resulted from this extensive assessment process.

No decision on the managed care recommendations of Guidehouse will be made today.

I encourage you to read the full Guidehouse Final report, along with the plain language report summary now contained on our [managed care webpage](#). Any additional thoughts or feedback on the Report can be submitted to ARPA.Inquiry@opwdd.ny.gov.

I thank everyone who contributed to this important milestone in the development and advancement of the service system that is so important to all of us. Your contributions to this conversation were essential and appreciated.

Sincerely,

Willow Baer
Acting Commissioner

SEPTEMBER 2024

SUN	MON	TUE	WED	THU	FRI	SAT
1 	2	3 	4 Board Game Night 	5 Book Club 	6	7
8	9 	10	11 Board Game Night 	12 Book Club 	13	14
15 	16 	17 	18 Board Game Night 	19 Book Club 	20	21
22	23	24	25 Board Game Night 	26 Book Club 	27	28
29	30 PREPARING FOR CSE MEETINGS 					

More information about these events can be found below:

3226 WILKINS RD ITHACA, NY

AUGUST 18TH

SEPT. 1ST

SEPT 15TH

**JOIN US FOR SUNDAY SENSORY PLAY
AT RACKER'S ITHACA
LENDING LIBRARY & SENSORY ROOM
HOT WHEELS CARS & TRACKS WILL BE
PROVIDED FROM 9AM-1PM**



No registration needed, cars and tracks provided.

Discovering  Belonging through Music

A partnership with
ALL TOGETHER NOW
Music

In-Person Interactive Instruments!

**Monday
September 16th**
6-8pm



This is an in-person interactive experience, where attendees can try out a variety of instruments and make music with new friends.
This event is 14+

3226 Wilkins Rd. Ithaca, NY 14850 - racker.org/events

Scan to register:



forms.office.com/r/WrdMzrAfGf

Questions or for help registering, contact:
LendingLibrary@racker.org (607) 529-0142 Chris

Events & Trainings are made possible by Family Support Services grant funding from the Office for People with Developmental Disabilities

To register for Music event, click here: <https://forms.office.com/r/WrdMzrAfGf>



Autism & Sensory
Lending Library

PARENT NETWORK & CORNELL CO-OP PRESENT:

Way2Go
WEDNESDAY



WITH RJ ISLEY

CREATING ACCESSIBLE TRANSIT FOR ALL



SEPTEMBER 25

**AT 3226 WILKINS RD
ITHACA NY 14850**

JOIN US AND WAY2GO'S TRANSPORTATION EDUCATOR & LEARN MORE
ABOUT ACCESSIBILITY & TRANSIT OPTIONS IN TOMPKINS COUNTY



**EVENT IS FREE & OPEN TO ALL.
REGISTRATION REQUIRED.**

**FOR HELP REGISTERING OR FOR
QUESTIONS PLEASE CONTACT**

**LENDINGLIBRARY@RACKER.ORG
OR LYNDSEY AT (607) 529-0224**



EVENTS & TRAININGS ARE MADE POSSIBLE BY FAMILY SUPPORT SERVICES GRANT
FUNDING FROM THE OFFICE FOR PEOPLE WITH DEVELOPMENTAL DISABILITIES.

Click here to register for Way2Go: <https://forms.office.com/r/J628VQyDJv>

Preparing for CSE Meetings

with Attorney Lisa Krizman

Monday
September 30
4pm - 6pm



Join us and attorney Lisa Krizman, as she discusses how to plan for education meetings, family rights, & education advocacy

Registration Required:

<https://forms.office.com/r/2jfUDHGLQN>



For questions or help registering, please contact
LendingLibrary@racker.org or Chris at (607)529-0142.

ZOOM
Virtual Meeting

Events & Trainings are made possible by Family Support Services grant
funding from the Office for People with Developmental Disabilities

Click here to register for Krizman: <https://forms.office.com/r/2jfUDHGLQN>



Autism & Sensory
Lending Library



Adaptive
BOOK

CLUB

Thursdays 5-6pm

882 NY-13, Cortland, NY 13045 & Zoom

LendingLibrary@racker.org

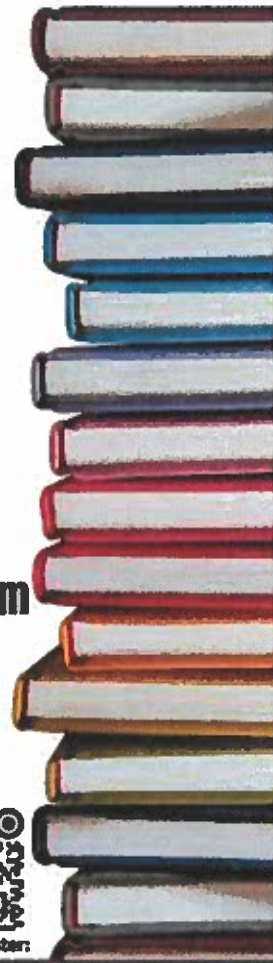
Join us as we explore the world of books
& how they can be adapted for all to enjoy.
Book club is an excellent way to experience new topics
together and make friends.



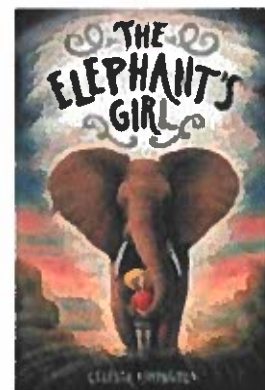
- OPWDD Diagnosis
- FSS Eligible
- Enrolled in the Lending Library



This program is made possible through Family Support Services
grant from the Office for People with Developmental Disabilities



September 19th starts "The Elephant's Girl" by
Celesta Rimington. Join us on this new whirlwind
adventure. Free copies of the book are available for
VIPS & each week will include a casual paced reading
for those who want to listen along.



Family Board Game Night

An adaptive board game night where we will learn about adapting rules to address feelings of anxiety or struggles with engagement to encourage family unity and situational flexibility all while practicing fine motor skills. Light refreshments will be served



Wednesdays 5-7pm

3226 Wilkins Road Ithaca, NY 14850



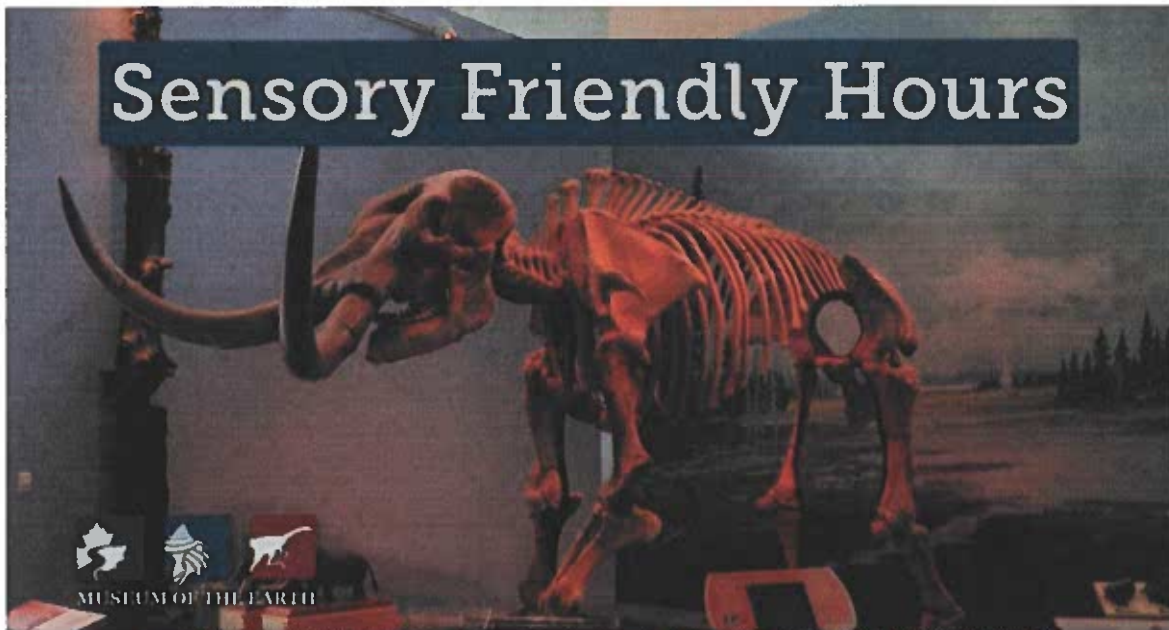
- *OPWDD Diagnosis
- *FSS Eligible
- *Enrolled in the Lending Library

Scan to Register:



This program is made possible through Family Support Services grant from the Office for People with Developmental Disabilities

Click here to sign up for Game Night: <https://forms.office.com/r/6TMC6e2Qzk>



**Sensory Friendly Hour @
Ithaca's Museum of the Earth**

In partnership with Racker's
**Autism & Sensory
Lending Library**

VIP's will build and take home their own
free dinosaur fidget!

1259 Trumansburg Rd, Ithaca NY
Sunday September 15th
8:30-10 AM

Free Admission!

More information about the Museum of the Earth can be found on their website: <https://www.priweb.org/event/sensory-friendly-hours>

Racker 



Autism & Sensory
Lending Library

PARENT NETWORK

CAREGIVER GROUP

CAREGIVERS OF THOSE WITH DEVELOPEMENTAL
DISABILITIES (OF ALL AGES) ARE INVITED TO JOIN
THIS MONTHLY PEER-DRIVEN GROUP,
WHERE YOU CAN MEET OTHER CAREGIVERS, SHARE
RESOURCES, OFFER ADVICE, & FIND KINDNESS.

COME ONCE, COME OFTEN,
STAY FOR A MINUTE OR STAY FOR MANY.

1ST MONDAY OF EACH MONTH

5:00-6:30PM VIA ZOOM

TO SIGN UP: CONTACT (607) 529-0224 OR
LYNDSEYP@RACKER.ORG



EVENTS & TRAININGS ARE MADE POSSIBLE BY FAMILY SUPPORT SERVICES GRANT
FUNDING FROM THE OFFICE FOR PEOPLE WITH DEVELOPMENTAL DISABILITIES.

Click here to sign up for Caregiver Group: <https://forms.office.com/r/nxpACG3bD7>



Biweekly TUESDAYS, 4-6pm

Join us on ZOOM every other Tuesday from 4-6pm to learn more about different sensory needs and what is available in the library to help meet them.



tinyurl.com/bdeuaphu

Beginning 04/02/2024
No registration necessary

Questions?
Contact: LendingLibrary@racker.org
(607) 529-0142

OTHER
VOICES
607



Other Voices in the 607 is welcoming new members!

If you are an neurodivergent adult with a passion for advocating for those with disabilities, you're invited to join OVIT607's weekly meeting via TEAMS

6-7pm

Every
Thursday

SCAN
ME



To learn more, scan the QR code,
or contact LendingLibrary@racker.org