

AGENDA

Tioga County Community Services Board

PWDD Subcommittee

October 8th, 2024

Hybrid

9:00- 10:00am

AGENDA TOPICS

Review and approve minutes

John Crosby

DDSO/DDRO Report

Vickie Fergus

Director's Report

Lori Morgan, LCSW-R

Achieve Report

**Shannon Westbrook/
Carlena Hoover**

FSS Report

Gayle Pado

CCO Reports

Racker Report

Gayle Pado

Catholic Charities

Gabriella Ayres

Self-Advocacy Report

Other Business

Next Meeting: Tuesday, November 12th, 2024 at 9:00am

TIOGA COUNTY DEPARTMENT OF MENTAL HYGIENE
PWDD SUBCOMMITTEE MEETING
OF THE TIOGA COUNTY COMMUNITY SERVICES BOARD

PENDING APPROVAL

Subcommittee meeting date: September 10th, 2024

Via Hybrid

Member Casie O'Reilly
Attendance: Kim Bailey-Poreda
Gabriella Ayers
Evelyn Vavra
Gayle Pado
Tina Lounsbury
Guest Anne Seepersaud
Attendance: Karen Warfle
Denise Brennan
Tricia Tomm
Emily Jackson

Mental Hygiene Lori Morgan, Director of Community Services
Staff Attendance: Sue Graves, Secretary to the Director

Meeting called to order at: 9:05am

Topic: Review of August 2024 Minutes – Approved with changes

Topic DDSO/DDRO Report – Casie O'Reilly for Vickie Fergus

Discussion: Updates:
• Managed Care Assessment
 ○ All received final report via email (attached)
 ○ Working on staff shortages is #1
 ▪ Openings posted on OPWDD website
 ▪ Training and retention efforts being made

Status: Informational – Complete

Topic: Director's Report – Lori Morgan

Discussion: Updates:
• Budget neutral as planned
 ○ Waverly Site to open in November offering MH and ADS services
• Bed decrease in Racker IRA
 ○ Temporarily gave one bed to Tompkins County from Tioga

Status: Informational – Complete

Topic: Achieve Report via email – Shannon Westbrook

- Discussion:** **Updates:**
- Tioga Day Hab planning Open House in October
 - Reveal renovation project
 - Invites will be sent out once date is set
 - Have one individual waiting for their SART approval
 - Day Hab Without Walls Program
 - Have two individuals waiting for their SART approval
 - Site Based Day Hab
 - Have openings
 - Now have a changing table and Hoyer coming
 - Do not have a wheelchair van
 - Volunteering at various organizations
 - Daily outings scheduled for individuals to choose from

Status: **Informational – Complete**

Topic: **FSS Report – Gayle Pado**

- Discussion:** **Updates:**
- September events reviewed (list attached)
 - Other Voices of the 607 continue to meet

Status: **Informational - Complete**

Topic: **CCO Reports**

- Discussion:** **Updates:**
- Prime Care – Tricia Tomm**
- Focusing on the health component with individuals
 - No open positions currently
 - Meeting face to face with individuals
- Southern Tier Connect – Emily Jackson**
- Focusing on the health component with individuals
 - Fully staffed
 - Chalk the Walk for Suicide Prevention Awareness happening today
 - Pictures will be on social media
- Lifeplan – Anne Seepersaud**
- Focusing on the health component with individuals
 - Meeting with IDD Providers & Care Managers
 - Expand knowledge
 - Great resource for Care Managers

Status: **Informational - Complete**

Topic: **Racker Report – Gayle Pado**

- Discussion: Updates:
- Trunk or Treat Resource Fair in October
 - Contact Gayle if interested in participating
 - Owego Rackers moving in mid-October-November
 - Neighborhood Depot Hub behind Marios
 - Ribbon cutting in the spring

Status: Informational - Complete

Topic: Catholic Charities – Gabby Ayers

- Discussion: Updates:
- Received one Tioga County referral last month
 - Halloween Dance in October at the Owego Moose Club

Status: Informational - Complete

Topic: Self-Advocacy – Karen Warfle

- Discussion: Updates:
- Dental list received from Emily Jackson
 - Revisions need to be made as some no longer provide sedation or do not provide to this particular population
 - Updated list to be sent to the Subcommittee once completed
 - Working on housing option
 - Considering moving from Self-Direction back to traditional waiver services
 - Looking for a side-by-side comparison chart
 - Also looking for a list of what families should consider when searching various housing options
 - Kiwanis Aktion Club accepting new members
 - Dues will be already paid for next year
 - Meetings: 1st Tuesday of the month at 1:30
 - Tioga County Boys & Girls Club
 - Contact Kathy Newell 859-358-0164 or Sebby Truesdail via Facebook Messenger
 - Southern Tier Bridges
 - Meets twice a month – social activities & opportunities
 - Is a membership fee
 - Contact southerntierbridges@gmail.com or call 607-725-3824
 - The Binghamton Philharmonic
 - Several inclusive educational programs
 - Contact Julia O’Connell 607-723-3931 ext. 3 or
 - j.grella.oconnell@binghamtonphilharmonic.org

Status: Informational – Complete

Adjournment: The meeting adjourned at 9:33am. The next meeting is scheduled for Tuesday, October 8th, at 9:00am.

Catholic Charities



Tompkins/Tioga



MASQUERADE HALLOWEEN DANCE

TUES **22** OCT | **4pm - 7pm**
2024

at the Owego Moose Lodge
3 Goodrich Rd, Owego, NY

FOOD AND DRINK PROVIDED


All regional care managers and individuals are invited to attend, and the welcome is extended to any community resident who would like to join us.

This event is FREE to attend and is sponsored by
Catholic Charities OPWDD
(Office for People With Developmental Disabilities)

Ages
14+

Gabby Ayres: 607-223-2698

OCTOBER 2024

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|---|--|---|--|--|--------|----------|
| | 30 PREPARING FOR CSE MEETINGS  | 01 | 02 Board Game Night  | 03 Book Club  | 04 | 05 |
| 06  | 07 Caregiver Group  | 08 | 09 Board Game Night  | 10 Book Club  | 11 | 12 |
| 13 Lego Open play  Ithaca: 10-2pm | 14 | 15  | 16 Board Game Night  | 17 Book Club  | 18 | 19 |
| 20 | 21 | 22 | 23 Board Game Night  | 24 TRUNK - TREAT  ITHACA | 25 | 26 |
| 27 | 28 TRUNK - TREAT  CORTLAND | 29 TRUNK - TREAT  OWEGO | 30 Board Game Night  | 31 Book Club  | | |

More information about these events can be found below:

Preparing for CSE Meetings

with Attorney Lisa Krizman

Monday
September 30
4pm - 6pm



Join us and attorney Lisa Krizman, as she discusses how to plan for education meetings, family rights, & education advocacy

Registration Required:

<https://forms.office.com/r/2jfUDHGLQN>



For questions or help registering, please contact
LendingLibrary@racker.org or Chris at (607)529-0142

ZOOM
Virtual Meeting

Events & Trainings are made possible by Family Support Services grant
funding from the Office for People with Developmental Disabilities

Click here to register for Krizman: <https://forms.office.com/r/2jfUDHGLQN>

SUNDAY
OCTOBER

6

2024

10:30AM

WALLACE FIELD

SUNY CORTLAND

CORTLAND, NY 13045



*All proceeds will go to & benefit *Racker*

- FREE ATTENDANCE TO GAME
- PLAYER ACTIVITIES ON BASEBALL FIELD WITH RACKER COMMUNITY
- ATTRACTIONS AND SENSORY EXPERIENCES DURING GAME
- COMMEMORATIVE APPAREL FOR SALE
- CONCESSIONS
- 50/50 RAFFLES

CORTACA BASEBALL MINISERIES
TO BENEFIT RACKER PROGRAMS

ALL PROCEEDS GOTO RACKER

Racker
Supporting People with Disabilities

SCAN TO LEARN MORE





ADAPTIVE BINGO GAME NIGHT

1277 Taylor Rd. #4, Owego, NY 13827 & Virtual (ZOOM)



WEDNESDAY OCT. 9TH

4:30-6:30PM

Enjoy a night of adaptive Bingo & prizes
Adaptive cards are available upon request,
including large text.

Played at a casual slowed pace, so it's enjoyable for all.
Join us to make friends, win prizes, and have fun!

Hosted, in part, with the
Other Voices in the 607 Advocacy group



For Questions or Registration issues, contact:
LendingLibrary@racker.org

Scan to Register:



This program is made possible through Family Support Services
grant from the Office for People with Developmental Disabilities



Adaptive **BOOK** **CLUB**

Thursdays 5-6pm
862 NY-13, Cortland, NY 13045 & Zoom

LendingLibrary@racker.org

Join us as we explore the world of books
& how they can be adapted for all to enjoy.
Book club is an excellent way to experience new topics
together and make friends.



- * OPWDD Diagnosis
- * FSS Eligible
- * Enrolled in the Lending Library

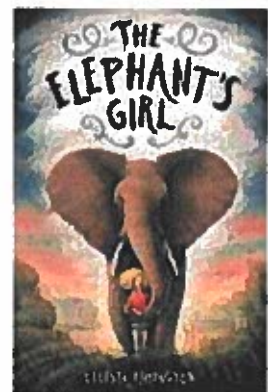


Scan to Register:

This program is made possible through Family Support Services grant from the Office for People with Developmental Disabilities



September 19th starts "The Elephant's Girl" by Celesta Rimington. Join us on this new whirlwind adventure. Free copies of the book are available for VIPS & each week will include a casual paced reading for those who want to listen along.



Family Board Game Night



An adaptive board game night where we will learn about adapting rules to address feelings of anxiety or struggles with engagement to encourage family unity and situational flexibility all while practicing fine motor skills. Light refreshments will be served



Wednesdays 5-7pm

3226 Wilkins Road Ithaca, NY 14850



- *OPWDD Diagnosis
- *FSS Eligible
- *Enrolled in the Lending Library

Scan to Register:



This program is made possible through Family Support Services grant from the Office for People with Developmental Disabilities

Click here to sign up for Game Night: <https://forms.office.com/r/6TMC6e2Qzk>



Autism & Sensory
Lending Library

PARENT NETWORK
CAREGIVER GROUP

CAREGIVERS OF THOSE WITH DEVELOPEMENTAL
DISABILITIES (OF ALL AGES) ARE INVITED TO JOIN
THIS MONTHLY PEER-DRIVEN GROUP,
WHERE YOU CAN MEET OTHER CAREGIVERS, SHARE
RESOURCES, OFFER ADVICE, & FIND KINDNESS.

COME ONCE, COME OFTEN,
STAY FOR A MINUTE OR STAY FOR MANY.

1ST MONDAY OF EACH MONTH

5:00-6:30PM VIA ZOOM

TO SIGN UP: CONTACT (607) 529-0224 OR
LYNDSEYP@RACKER.ORG



EVENTS & TRAININGS ARE MADE POSSIBLE BY FAMILY SUPPORT SERVICES GRANT
FUNDING FROM THE OFFICE FOR PEOPLE WITH DEVELOPMENTAL DISABILITIES.

Click here to sign up for Caregiver Group: <https://forms.office.com/r/nxpACG3bD7>

A poster for a LEGO/DUPLO Open Play event. The background is dark grey with several colorful LEGO bricks (green, blue, orange, red) scattered around. A white rectangular area in the center contains the text. An orange rectangular tab is at the top of the white area.

**LEGO/DUPLO
OPEN PLAY**

**OCTOBER 13TH
10AM-2PM**

**3226 WILKINS RD
ITHACA NY 14850**



forms.office.com/r/8qkA8k94MG  Scan the code to register!

Join us at each of our Racker sites to learn more about local programs & services while enjoying decorated trunks, treats, and fidget items. Those who attend, who are enrolled in Racker's Lending Library, will be entered to win a mystery gift basket

OCTOBER 4PM-7PM

| | | | | |
|---|---|--|---|---|
| 24TH THURSDAY ITHACA 3226 Wilkins Rd Ithaca NY |  | 28TH MONDAY CORTLAND 882 NY-13 Cortland |  | 29TH TUESDAY OWEGO 1277 Taylor Rd Owego NY |
|---|---|--|---|---|

Events & Trainings are made possible by Family Support Services grant funding from the Office for People with Developmental Disabilities

Need help registering?
Contact LendingLibrary@racker.org

Register for Trunk-r-Treat here: <https://forms.office.com/r/8qkA8k94MG>

OTHER
VOICES
607



Other Voices in the 607 is welcoming new members!

If you are an neurodivergent adult with a passion for advocating for those with disabilities, you're invited to join **OVIT607's** weekly meeting via TEAMS

6-7pm

Every
Thursday

SCAN
ME



To learn more, scan the QR code,
or contact LendingLibrary@racker.org